

# A Dream o

Dear Parent,

This week at school your child enjoyed a poem, classroom discussion and proficiency based worksheet to help them develop and practice problem solving skills. The poem, called “A Dream of Peace” teaches the importance of working together in a nonviolent way to achieve a common goal. During the month of January, we recognize the civil rights leader Dr. Martin Luther King, Jr. as a model of peaceful resolution. It is through his teachings and role modeling that we can walk the roads that lead to peace.



## *The 3 R's of Conflict Management:* **RELAX      REFLECT      RESPOND**

### Know Place Like Home Suggested Activities

#### **1. Refrigerator Art: Hanger Mobile**

Make a hanger mobile, Include the following items:

- A cloud with an “I believe” statement
  - A candle to remind you to let your light shine
  - A traffic light to remind you to follow the road to peace
  - A footprint to remind you to stand up for peace and justice
  - A handprint to remind you to extend your hand in friendship
- (Feel free to come up with your own symbols to place on the mobile)

#### **2. Memory Builder: Family Movie Night**

Rent the video, My Friend Martin, and watch this film as a family. Enjoy a popcorn snack or another family favorite while viewing the movie. Be sure to allow your child an opportunity to ask questions and talk about concerns.

#### **3. Family Chat: Media Pro**

As a family, find articles in print, on television, radio or on the Web about the life and times of Dr. Martin Luther King, Jr. Share your findings with someone at your job or school. Perform a random act of kindness for the sake of peace.

